

Hi all-

It's been a pretty good day so far.

Here's some bakery news & updates:

- We're planning a Halloween bake sale this Friday and next Wednesday – help spread the word if you can.
- We were able to move all our stuff out of the storage space we were using and into Jilly, Paul, & Anthony's basement and Tim's living room, before the foreclosure date. Much thanks to Beth, Faith, David, Dane, and everyone else who helped!
- Pumpkin preserving – it's that time of year – we need pumpkins! We are planning to have a pumpkin-

preserving day, Javiera will be sending an email soon with details. If you have a pumpkin or sweet potato hookup please let us know!

- We are now getting pecans from the Southern Alternatives Agriculture Cooperative, a Black-owned farmers/producers co-op in Georgia! We met several women from the co-op at the CoopEcon conference a few weeks ago, just in time to order a big box of pecans from them – included in this week's muffins and all future baked goods.
-Noah

Panadería Bread Uprising Bakery / Bread Uprising, LLC / 816 Yancey Street / Durham, NC 27701 / www.breaduprising.org

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WHAT WE BAKED!

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3% - oops it's missing from the bread this week), NC Honey (3%), NC sorghum (1%), Salt, Yeast.

Fig Ginger Muffins

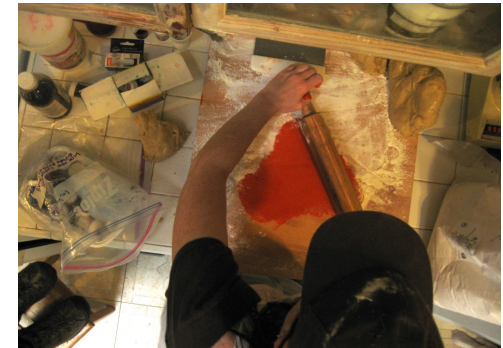
Organic whole-wheat pastry flour (33%), Fruit Puree (Applesauce, Peach, and/or Pumpkin – 20%), Organic dried figs (10%), Canola oil (12%), NC honey (12%), NC pecan milk (6%), Organic crystallized ginger (2%), Baking powder, OG apple cider vinegar, baking soda, salt, organic powdered ginger.

Half-wheat Sourdough

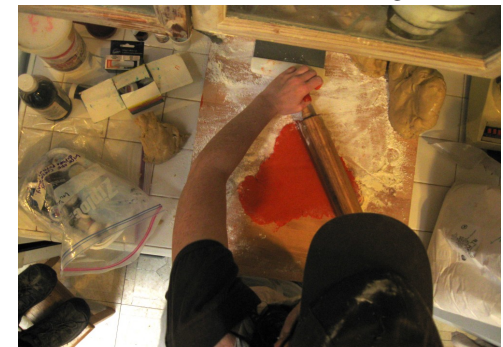
Water (38%), Organic ww bread flour (30%), Organic 14% white bread flour (16%), Organic white bread flour (15%), Canola oil, salt.



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October 22: National Day of Protest against Police Brutality

The following was taken from the website of The October 22nd Coalition to Stop Police Brutality, Repression and the Criminalization of a Generation, www.october22.org

The October 22nd Coalition... has been mobilizing every year since 1996 for a National Day of Protest on October 22nd, bringing together those under the gun and those not under the gun as a powerful voice to expose the epidemic of police brutality.

"The Call for the 18th National Day of Protest to Stop Police Brutality, Repression and the Criminalization of a Generation is to bring forward the united, powerful, visual coalition of families victimized by police terrorism and to reach into all parts of our community. May our unity bring the change that our children, grandchildren,

and great-grandchildren so rightfully deserve – freedom, justice, equality, humanity, respect, and a right to take BART [Bay Area Rapid Transit] and a right to walk to 7-11 for Skittles and ice tea without being executed." - Cephus "Uncle Bobby" Johnson, the uncle of Oscar Grant

This year has seen a sharp escalation in a full spectrum of attacks on the people. Yet even through some of the most repressive attacks that the government has made, there are signs of hope in the nationwide eruptions of outraged people and communities who are fighting back. We have a heavy responsibility going into the 2013 National Day of Protest..., to stoke these sparks of resistance into a movement that can not only stop but reverse these escalating attacks.

In Bakersfield, CA, 33-year old David Silva was hogtied and savagely beaten to death by law enforcement officers, who had

found him passed out on a street. The vicious killing of 30-year old Melissa Williams and 40-year old Timothy Russell, shot down in a hail of 137 bullets by Cleveland police, has been described as a modern-day lynching. As of yet, the thirteen officers are still on the job. In an assisted living home in Chicago, 95-year old John Wrana was killed by police after being tasered and shot with a bean bag round. Witnesses say that Miami Beach police high-fived each other after tasing to death 18-year old graffiti artist Israel Hernandez-Llach. Police around the country continue to kill young Black men with impunity, such as 25-year old Cary Ball, Jr., killed in a hail of 25 bullets by St. Louis, MO police, and 16-year old Kimani Gray, shot seven times by NYPD, three times in the back. In Dallas, TX, the last time a killer cop was indicted was in 1973. Dallas police have killed 250 since, with 68 Black men killed since 2001. Over and over, we

hear the justifications for police brutality and killing. The reason Miami-Dade police gave for restraining and choking 14-year old Tremaine McMillian, that he gave "dehumanizing stares," shows just how much law enforcement expects impunity.

This system also criminalizes certain communities by protecting from prosecution those who kill people of color. ...[T]he system's prosecutors always seem to forget how to prosecute when one of their own is on trial. The soft touch that Florida police gave to Trayvon Martin's killer and the acquittal of racist vigilante George Zimmerman epitomizes the racism inherent in the justice system, as the trial was conducted and covered in the media as though Martin was the one on trial. As a Guardian columnist has written, the verdict of the Zimmerman trial declares "open season on black boys." [read more at www.october22.org]

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