

Hi all,
It's such a rainy day! Tim, Manju, and I got back late last night from CoopEcon, a Southern Cooperatives conference that took place in Epes, Alabama this weekend. We learned about financing for co-ops, history of co-ops in the Black Belt of Alabama and co-ops' connection to organizing, conflict resolution in co-ops, and much more. It was amazing & inspiring, and we are excited to report-back to everyone and share our notes.

We mentioned this before – bakers

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We mentioned this before – bakers

are feeling low on capacity and are planning to move to doing the zine every other week unless members are able to take it on. We weren't going to do a zine this week – but we're sending out the cleanup and deliveries schedule cause it's easy! Hope everyone is doing well. -Noah

WHAT WE BAKED!

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3% - oops it's missing from the bread this week), NC Honey (3%), NC sorghum (1%), Salt, Yeast.

Cheeseboard Multigrain Bread

Water, OG white flour, OG whole-wheat flour, OG oats, OG buckwheat, OG wheat berries, OG pumpkinseeds, OG sunflower

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seeds, OG poppyseed, Tennessee sorghum syrup, Orange county honey, Salt, Yeast.

Morning Glory Muffins

Grated organic carrots (18%), Orange juice (13%), Organic whole-wheat pastry flour (13%), Organic all-purpose flour (13%), Canola oil (10%), Organic raisins (8%), Orange county honey (7%), NC pecans (6%), Water (5%), OG shredded coconut (4%), Brown sugar (2%), Baking powder, cinnamon, ginger, cardamom, baking soda, salt.

Half-wheat Sourdough

Water (38%), Organic ww bread flour (30%), Organic 14% white bread flour (16%), Organic white bread flour (15%), Canola oil, salt.

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Season 13 Cleanup & Deliveries Schedule

Some folks are switching their dates around, but here's the schedule so far.

Week 4 10/7

Cleanup: Chelsea

Deliveries: Kevin, Rebecca

Week 5 10/14

Cleanup: Faith

Deliveries: Jessica W., Sarah G.

Week 6 10/21, GF & granola week

Cleanup: Francesca

Deliveries: Mikel, Kristen/Beth F.

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PIZZA 10/23

Cleanup: Adisa/Lindsey

Deliveries: Jenn

Week 7 10/28, GF week

Cleanup: Jessica

Deliveries: Janet, Sam

Week 8 11/4, granola week

Cleanup: Chelsea

Deliveries: Teli, Afiya

Week 9 11/11

Cleanup: Mikel

Deliveries: Rebecca, Emily

Week 10 11/18

Cleanup: Kevin

Deliveries: Jessica, Francesca

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Week 10 11/18

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Deliveries: Jessica, Francesca

Week 11 11/25, GF & granola week

Cleanup: Faith

Deliveries: Janet, Mariana

Week 12 12/2

Cleanup: Adisa/Lindsey

Deliveries: Afiya, Kristen/Beth F.

Week 13 12/9, GF week

Cleanup: Chelsea

Deliveries: Sarah G, Sam

PIZZA 12/11

Deliveries: Carly

Week 14 12/16, granola week

Cleanup: Jessica W.

Deliveries: Emily, Teli

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Deliveries: Janet, Mariana

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