

A few bakery updates & community events:

- **Pie Day** is this Wednesday, and orders are due on Tuesday night. Please share the publicity with friends & neighbors!
- You're invited to an **evening of Bakery Mission-Statement dreaming & writing**, on Friday August 2nd from 6 – 9 PM. Location TBA.
- **Games to Grow Cooperation Part II** is this Tuesday night (July 23rd) from 6 – 8:30 PM at Walltown Children's Theater (1225 Berkeley St.) Sarah Cross would love to share new ideas, games and energy from the Pedagogy and Theatre of the Oppressed conference from which

she just returned. Expect fun and transformation! Simple supper followed by games.

- ***Black and Brown visionaries of Durham*** and the surrounding area, *Earthseed Collective* and *Eternal Summer of the Black Feminist Mind* invite you to a series of potlucks designed to work through the insights and challenges of Octavia Butler's Parable of the Sower and it's implications for our relationships to land, space, time and each other in this transformative moment in human history. If you identify as a black or brown visionary, please come! Friday July 26th at 6 PM at 204 Rigsbee Avenue. More info: brokenbeautifulpress@gmail.com

30,000 California Prisoners on Day 16 of Hunger Strike, Retaliation Continues

from Prisoner Hunger Strike Solidarity Coalition

Oakland, July 22, 2013 – As the California prison hunger strike enters its 3rd week, reports of retaliation against strikers have increased. Last week it was reported that prison officials had moved at least 14 strikers from the Security Housing Unit (SHU) at Pelican Bay to Administrative Segregation (Ad-Seg), confiscated confidential legal documents, and forced cold air into their cells. Later in the week, legal advocate Marilyn McMahon and one of her paralegals were summarily banned from visiting any California prison. Reports that

strikers have been moved to Ad-Seg or to entirely different facilities have also been coming from Corcoran State Prison. The denial of medical care to strikers, especially those with preexisting health conditions, remains a widespread concern for families and advocates.

Meanwhile, the California Department of Correction and Rehabilitation (CDCR) continues to claim that the hunger strike is a massive gang conspiracy. At the same time, the CDCR claims its SHU and debriefing programs have been thoroughly reformed and are effective at creating safety throughout its prison system.

For updates about the strike, visit: prisonerhungerstrikesolidarity.wordpress.com

A few bakery updates & community events:

- **Pie Day** is this Wednesday, and orders are due on Tuesday night. Please share the publicity with friends & neighbors!
- You're invited to an **evening of Bakery Mission-Statement dreaming & writing**, on Friday August 2nd from 6 – 9 PM. Location TBA.
- **Games to Grow Cooperation Part II** is this Tuesday night (July 23rd) from 6 – 8:30 PM at Walltown Children's Theater (1225 Berkeley St.) Sarah Cross would love to share new ideas, games and energy from the Pedagogy and Theatre of the Oppressed conference from which

she just returned. Expect fun and transformation! Simple supper followed by games.

- ***Black and Brown visionaries of Durham*** and the surrounding area, *Earthseed Collective* and *Eternal Summer of the Black Feminist Mind* invite you to a series of potlucks designed to work through the insights and challenges of Octavia Butler's Parable of the Sower and it's implications for our relationships to land, space, time and each other in this transformative moment in human history. If you identify as a black or brown visionary, please come! Friday July 26th at 6 PM at 204 Rigsbee Avenue. More info: brokenbeautifulpress@gmail.com

30,000 California Prisoners on Day 16 of Hunger Strike, Retaliation Continues

from Prisoner Hunger Strike Solidarity Coalition

Oakland, July 22, 2013 – As the California prison hunger strike enters its 3rd week, reports of retaliation against strikers have increased. Last week it was reported that prison officials had moved at least 14 strikers from the Security Housing Unit (SHU) at Pelican Bay to Administrative Segregation (Ad-Seg), confiscated confidential legal documents, and forced cold air into their cells. Later in the week, legal advocate Marilyn McMahon and one of her paralegals were summarily banned from visiting any California prison. Reports that

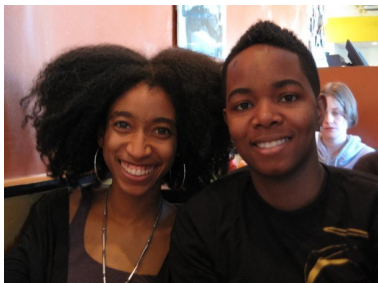
strikers have been moved to Ad-Seg or to entirely different facilities have also been coming from Corcoran State Prison. The denial of medical care to strikers, especially those with preexisting health conditions, remains a widespread concern for families and advocates.

Meanwhile, the California Department of Correction and Rehabilitation (CDCR) continues to claim that the hunger strike is a massive gang conspiracy. At the same time, the CDCR claims its SHU and debriefing programs have been thoroughly reformed and are effective at creating safety throughout its prison system.

For updates about the strike, visit: prisonerhungerstrikesolidarity.wordpress.com

Mobile Homecoming Project: Creating Sacred Space for Black LGBTQ Family in the South

by Alexis Pauline Gumbs



Alexis Pauline Gumbs & Julia Roxanne
Wallace

Bakery members Alexis Pauline Gumbs and Julia Roxanne Wallace are the founders of the national recognized and grassroots funded Mobile Homecoming project, an experiential archive amplifying generations of Black LGBTQ

Mobile Homecoming Project: Creating Sacred Space for Black LGBTQ Family in the South

by Alexis Pauline Gumbs



Alexis Pauline Gumbs & Julia Roxanne
Wallace

Bakery members Alexis Pauline Gumbs and Julia Roxanne Wallace are the founders of the national recognized and grassroots funded Mobile Homecoming project, an experiential archive amplifying generations of Black LGBTQ

Brilliance with a special love for the legacies of the south. In a two year range we have had holistic retreat gatherings in North Carolina, South Carolina, Georgia and next year we will be hosting a retreat in Magnolia, Mississippi!



On June 2nd in celebration of the 150th anniversary of Harriet Tubman's Combahee Uprising where almost 800 enslaved people on South Carolina's rice plantations freed themselves and burned down the plantations where they had been held captive and the legacy of the 1970's

Brilliance with a special love for the legacies of the south. In a two year range we have had holistic retreat gatherings in North Carolina, South Carolina, Georgia and next year we will be hosting a retreat in Magnolia, Mississippi!



On June 2nd in celebration of the 150th anniversary of Harriet Tubman's Combahee Uprising where almost 800 enslaved people on South Carolina's rice plantations freed themselves and burned down the plantations where they had been held captive and the legacy of the 1970's

Black Lesbian Feminist Socialist Combahee River Collective, 21 Black feminist LGBTQ folks and allies returned to the Combahee River to remember how to get free.

Next month we will be hosting the Rest and Realness Retreat in the Blue Ridge Mountains in Georgia as a way to combat workaholism and burnout in our intergenerational Black LGBTQ activist community.

If you are a member of the Black LGBTQ family or if you have loved ones who would like to get involved please check out our website at mobilehomecoming.org or email us at mobilehomecoming@gmail.com.

Panadería Bread Uprising Bakery / Bread
Uprising, LLC
816 Yancey Street Durham, NC 27701
www.breaduprising.org

Black Lesbian Feminist Socialist Combahee River Collective, 21 Black feminist LGBTQ folks and allies returned to the Combahee River to remember how to get free.

Next month we will be hosting the Rest and Realness Retreat in the Blue Ridge Mountains in Georgia as a way to combat workaholism and burnout in our intergenerational Black LGBTQ activist community.

If you are a member of the Black LGBTQ family or if you have loved ones who would like to get involved please check out our website at mobilehomecoming.org or email us at mobilehomecoming@gmail.com.

Panadería Bread Uprising Bakery / Bread
Uprising, LLC
816 Yancey Street Durham, NC 27701
www.breaduprising.org

WHAT WE BAKED!

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3%), NC Honey (3%), NC sorghum (1%), Salt, Yeast.

Tomato-Basil Artisan Bread

Organic 14% white bread flour (34%), NC tomato puree (23%), Organic whole-wheat bread flour (18%), Water (16%), Organic white bread flour (8%), Olive oil, dry basil, salt

Cinnamon Rolls

Water (32%), Unbleached organic bread flour (42%), Organic all-purpose flour (5%), NC Honey (4%), non-GMO canola oil, Salt, Yeast, Cinnamon. Filling: Brown sugar, canola oil, cinnamon, cloves. Glaze: Water, powdered sugar, vanilla.

GF Sandwich Bread

Water, Brown rice flour, Millet flour, Potato starch, Cornstarch (non-GMO), Chickpea flour, Tapioca flour, Orange county honey, Sea salt, Canola oil, Yeast.

WHAT WE BAKED!

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3%), NC Honey (3%), NC sorghum (1%), Salt, Yeast.

Tomato-Basil Artisan Bread

Organic 14% white bread flour (34%), NC tomato puree (23%), Organic whole-wheat bread flour (18%), Water (16%), Organic white bread flour (8%), Olive oil, dry basil, salt

Cinnamon Rolls

Water (32%), Unbleached organic bread flour (42%), Organic all-purpose flour (5%), NC Honey (4%), non-GMO canola oil, Salt, Yeast, Cinnamon. Filling: Brown sugar, canola oil, cinnamon, cloves. Glaze: Water, powdered sugar, vanilla.

GF Sandwich Bread

Water, Brown rice flour, Millet flour, Potato starch, Cornstarch (non-GMO), Chickpea flour, Tapioca flour, Orange county honey, Sea salt, Canola oil, Yeast.