SEASON 12, MEEK 6 SUNE 24, 2013 - 2:30 PM

Hi all – Last week was totally nuts over here since we were down to 3 bakers and had the single largest bread day ever! Mya and I baked 111 loaves of bread on Monday morning at Bread & Butter, which was too much bread. We're gonna try and set 100 loaves as a limit for ourselves going forward. Anyway, that's why there wasn't a 'zine last week, so this week's 'zine has the clean-up and deliveries schedule.

Other bakery news:

- We had a lot of cake orders last week, including a vegan/glutenfree tiered wedding cake for some friends.
- We continue bringing baked goods

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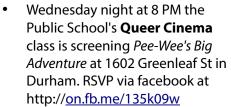
to Moral Mondays. Thanks to Kriti, Colin and Mikel for holding down the Bread Uprising presence last week!

- It's **potato** season! If you have a hook-up for reasonably-priced organic or no-spray local potatoes please tell us!
- Because there's so much variability this summer in income and how much folks are working, we've had some weeks where it's been really hard to stretch the money in our checking account to pay all our bills. There's a lot of money that folks have pledged for the subscription program but not paid yet – if you're able to pay your pledge a bit early, we'd really appreciate it!
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Community Events:

Interest meeting about a **Southeast Raleigh Cooperative** Grocery Store. "We seek to establish a community-owned cooperative grocery store that increases access to wholesome food and serves as a community and cultural center in Southeast Raleigh." Meeting is Tuesday 6/25 6-8PM at Koinonia Center, Christian Faith Baptist Church, 509 Hilltop Dr., Raleigh.



Thursday night 5:30 PM - 8:30 PM the Hayti Heritage Center is screening the documentaries Mumia – Long Distance **Revolutionary** and the *Manufacturing of Guilt*. Rachel Wolkenstein, a member of Mumia's defense team and legal consultant for "Manufacturing Guilt", will lead a discussion involving the evidence in the case. Keith Cook, Mumia's brother, and Jamal Hart, will be on hand to discuss the life and work of Mumia.



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- Wednesday night at 8 PM the Public School's **Queer Cinema** class is screening Pee-Wee's Big Adventure at 1602 Greenleaf St in Durham, RSVP via facebook at http://on.fb.me/135k09w
 - Thursday night 5:30 PM 8:30 PM the Hayti Heritage Center is screening the documentaries Mumia – Long Distance **Revolutionary** and the Manufacturing of Guilt. Rachel Wolkenstein, a member of Mumia's defense team and legal consultant for "Manufacturing Guilt", will lead a discussion involving the evidence in the case. Keith Cook, Mumia's brother, and Jamal Hart, will be on hand to discuss the life and work of Mumia.

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Cleanup & Deliveries Schedule for Week 8 (July 08) the rest of the Season

Check it out! If you can't make one of the weeks that you're scheduled for, please let us know ASAP!

There are still a few shifts that we need help for, specifically:

- Deliveries on July 8 and July 29)
- Clean-up on July 22

Week 6 (June 24)

Cleanup - Mai

Delivery – Sean and Carly

Week 7 (July 1)

Cleanup – Francesca

Delivery – Dane and Aya/Teli.

Cleanup - Mikel

Delivery – Sam

We need a 2nd delivery person this week!

-BREAK week July 15-

Week 9 (July 22)

Delivery - Rebecca and Mariana

We need a cleanup person this week!

Week 10 (July 29)

Cleanup – Adisa/Lindsey

Delivery – Carly

We need a 2nd delivery person this week!

Week 11 (August 05)

Cleanup - Chelsea

Delivery - Emily and Jessica

Week 12 (August 12)

Cleanup – Malcolm

Delivery - Sam and Jenn

Week 12 PIZZA DAY (August 14)

Delivery – Carly

Week 13 (August 19)

Cleanup – Mikel

Delivery – Rebecca and Kevin

Week 14 (August 26)

Cleanup – Adisa & Lindsay.

Delivery - Dane and Mariana

COHAT COE DAKED!

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3%), NC Honey (3%), NC sorghum (1%), Salt, Yeast.

Half-Wheat Sandwich Bread

Water (38%), Organic ww bread flour (30%), Organic 14% white bread flour (16%), Organic white bread flour (15%), Canola oil, salt

Sunflower-Flax Artisan Bread

Water (36%), Organic whole wheat bread flour (35%), Organic unbleached bread flour (16%), Organic sunflower seeds (3%), Organic flax seeds (4%), non-GMO canola oil, Salt, Yeast

Sweet Potato Muffins

Organic whole wheat pastry flour (24%), pecan milk (nc pecans & water, 20%), sweet potato puree from two ton farm (18%), organic cornmeal (10%), nc honey (6%), canola oil (6%), coconut milk (4%), nc pecans (4%), og fair trade molasses (4%), vinegar (3%), baking powder, salt, cinnamon, ginger, cloves, nutmeg Panadería Bread Uprising Bakery / Bread Uprising,

LLC / 816 Yancey Street / Durham, NC 27701 / www.breaduprising.org

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