

## Tomorrow night, you're invited to join us for another bakery

**Visioning Dinner!** Our hope is that everyone in the bakery will be able to attend at least one of these dinners. Tuesday's is happening at the home of members Carly, Monica, Mariana and Leah (1000 Hale Street) at 6:30 PM. Call Noah (919)619-9935 if you have any questions or need more info.

Also, anyone want to come along on our road trip to the Asheville Artisan Bread Festival? We'll be going up on Saturday AM March 23.

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In other news: we've started baking potato-herb artisan rolls for Cocoa & Cinnamon, a new coffee shop on the corner of Geer and Foster, and we're working on a recipe for savory cinnamon rolls with pesto and cheese!

### Community Events by Tim

- Rhythms and Rainbows is a **free eight-session workshop focusing on the importance of self-expression**, advocacy, and partnership through spoken word and performance. R&R is open to youth (13-19), focusing on LGBTIQ, 2-spirit, and Same-Gender-Loving experiences. Sessions will be held Saturdays from 10- 11:30 AM, from March 23-May 11, at Internationalist Books and Community Center. For more info, contact: [RhythmsANDRainbows@yahoo.com](mailto:RhythmsANDRainbows@yahoo.com)

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- You remember what it was like to be a gay teen? Come out and **dance to make it better for the next generation of queer youth**. All proceeds to benefit INSideOUT, a youth-led coalition of LGBTIQS (lesbian, gay, bisexual, transgender, intersex, queer, questioning and straight allied youth) and Gay-Straight Alliances (school-based clubs) that strives to organize LGBTIQS youth by networking Gay-Straight Alliances in the Triangle. March 9, 2012 at The Bar in Durham for a DJ, dancing, drinks, a raffle, good times, and fun people in support of this awesome organization. Must be 18+ to enter, 21+ to drink alcohol.

### WHAT WE BAKED!

#### Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3%), NC Honey (3%), NC sorghum (1%), Salt, Yeast.

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#### White Sandwich Bread

OG white bread flour (63%), Water (35%), Salt, Yeast.

#### Pan de Mesa

Water (41%), OG Unbleached 14% Bread Flour (31%), OG Unbleached All purpose flour (27%), Salt, Yeast, Love

#### Gluten-free Sandwich Bread

Water, Brown rice flour, Millet flour, Potato starch, Cornstarch (non-GMO), Chickpea flour, Tapioca flour, Orange county honey, Sea salt, Canola oil (non-GMO), Yeast

#### Morning Glory Muffins

Grated organic carrots (18%), Orange juice (13%), Organic whole-wheat pastry flour (13%), Organic all-purpose flour (13%), Canola oil (10%), Organic raisins (8%), Orange county honey (7%), NC pecans (6%), Water (5%), OG shredded coconut (4%), Brown sugar (2%), Baking powder, cinnamon, ginger, cardamom, baking soda, salt

Panadería Bread Uprising Bakery  
816 Yancey Street  
Durham, NC 27701  
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## Durham Moments in Black History by Tim

W.E.B. Du Bois visited Durham in 1913 and was moved to write an essay entitled *The Upbuilding of Black Durham: the Success of the Negroes and Their Value of a Tolerant and Helpful Southern City* (see <http://bit.ly/YJzy9k>). Du Bois was a strong advocate of cooperation and the cooperative economy. In Durham, he found what he called a thriving “group economy ... a closed circle of social intercourse, teaching and preaching, buying and selling, employing and hiring, and even manufacturing, which, ... escapes the notice of the white world.” This cooperative economy was underwritten by several Black-owned financial institutions, including the NC Mutual Life Insurance Company and the Mechanics & Farmers Bank (located on 'Black Wall Street'



*Workers at the Black-owned Durham Textile Mill, 1913*

downtown). Even back in those days, Durham's white elite liked to use Black financial success as evidence of their high-minded tolerance (something which continues today); but telling the story that way ignores the fact that almost all of the successful Black businesses in Durham were founded because of and in response to exclusion, segregation and racism (not to mention the hierarchies of skin color and class that existed within the Black

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community in Durham).

Du Bois also visited the campus of the National Religious Training School and Chautauqua. Founded by James E. Shepard, the school struggled with getting funding from white state agencies in part because it attempted to move beyond the manual training model of other Southern Black colleges. It was eventually purchased by the state of NC in 1925 and later became NCCU. Du Bois wrote: “The first thing I saw in black Durham was its new training school -- four neat white buildings suddenly set on the



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