

SEASON 11

WEEK 4 JAN 28TH, 2013

Week four of the season already!

We're at the end of our visioning month here at the bakery and we've learned a lot and have lots of ideas and hopes for Bread Uprising. Thanks to all the folks who came out to the visioning dinner at Emily and Serena's house. We're hoping to have another one soon. Look for our report back next week in the zine. And also expect to see info about the upcoming Valentine's Day bake sale!

If you have articles or news you would like for us to run in the zine please send them to the bread uprising email at [breaduprising@resist.ca](mailto:breaduprising@resist.ca)

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## Bread Uprising Updates

-Bread at King's Red & White Grocery now on Mondays & Fridays

-The bakers will be doing tastings for LoMo market Mon. 2/4 & Tues. 2/5. They're the mobile farmers market that has been carrying Bread Uprising Bread on Mondays & Tuesdays. We'll be in Raleigh, Chapel Hill & Durham. Our Durham stop is at Oval Park on Tues 2/5 at 6pm. We'd love to see members there!

-Bread Uprising will be participating and handing out mini-loaves of bread at HkoJ Sun. 2/10.

-Valentine's Day Bake Day pick up is Wed. 2/13

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## Community Happenings:

11<sup>th</sup> Annual Durham MLK/Black History Month Parade; Fayetteville St. Durham NC  
cost: free

Contac: Phyllis Coley

Phone: 919-680-0465

Email: [info@spectacularmag.com](mailto:info@spectacularmag.com)

Web: <http://www.spectacularmag.com>

-Sun. Feb 9<sup>th</sup> HkonJ Assmbly begins at 9am  
march begins at 10:30 am. Shaw University, Raleigh

- Spirit House's Collective Sun Reshape The Mo(u)rning performance 2/22 at Hayti doors open at 6:30 sliding scale \$10-\$20

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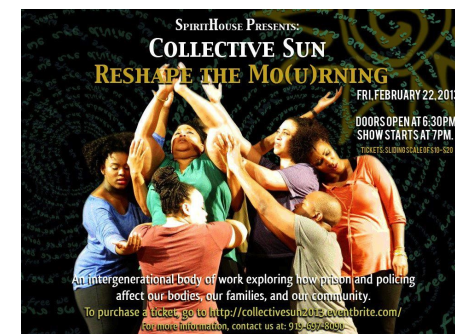
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### Good News!



On Thurs. Jan. 24th charges against Stephanie Nickerson were dropped. She had been charged with resisting arrest and assaulting an officer in October of 2012. Nickerson is from Chapel Hill and had come to Durham to visit friends. The police came because of a call about a disturbance at her friend's home. The police wanted to search the property and Stephanie advised her friend that since they did not have a search warrant she did not have to comply. Police officer Officer Cpl. Brian

Schnee then proceeded to arrest Stephanie. As she was being arrested she was pinned to the ground and Schnee also began punching her in the face. Schnee has since resigned from the Durham police department. It is unknown if Stephanie will be pursuing further action against the city of Durham. Many local activists and groups including the NC NAACP organized to help in defense of Stephanie.

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### WHAT WE BAKED!

#### Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3%), NC Honey (3%), OG fair-trade molasses (1%), Salt, Yeast.

#### Half-Wheat Sourdough Sandwich

Water (38%), OG ww bread flour (30%), OG 14% white bread flour (16%), OG white bread flour (15%), Non-GMOCanola oil, salt

#### Cranberry-Orange Muffins

Organic ww pastry flour (32%), Orange juice (18%), Cranberries (14%), Canola oil (12%), Orange county honey (12%), NC pecan milk (6%), Organic orange zest (2%), Baking powder, baking soda, vanilla, salt

#### Spelt-Raisin Artisan Bread

Organic ww pastry flour (32%), Orange juice (18%), Cranberries (14%), Canola oil (12%),

Orange county honey (12%), NC pecan milk (6%), Organic orange zest (2%), Baking powder, baking soda, vanilla, salt



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Durham, NC 27701  
[www.breaduprising.org](http://www.breaduprising.org)

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