

SEASON 11, WEEK 2 JAN 14, 2013 — 4:22PM

It's been a calm day in the kitchen today. In general January has been calm. We are getting the time to evaluate and plan our upcoming work. One change we are making is to the format of the zine. The first week of each month we plan on dedicating to local news or events. The 2nd week will be statewide news or from other areas in NC besides the Triangle. The 3rd week will be about national news or events from areas outside of NC and the 4th week will be for international news.

If you have articles or news you would like for us to run in the zine please send them to the bread uprising email at breaduprising@resist.ca

We will be also be doing Bread Uprising updates and community happenings every

week along with ingredients.

Please remember that **we are baking Sunday 1/20 instead of Monday 1/21** so that we can be closed on the MLK holiday. Pick up time will be the same. Have a great week!

-Javiera

Bread Uprising Updates

We're having the first in a **series of visioning and discussion dinners this Friday at Serena & Emily's house 312 E. Trinity Ave., 7-9pm**. Please attend – we'll be discussing how Bread Uprising members felt/feel about the expansion this past fall and ideas for how to move forward. We'd love to see you there! We will hopefully be having another dinner in January as well. Bring a dish to share if you can.

SEASON 11, WEEK 2 JAN 14, 2013 — 4:22PM

It's been a calm day in the kitchen today. In general January has been calm. We are getting the time to evaluate and plan our upcoming work. One change we are making is to the format of the zine. The first week of each month we plan on dedicating to local news or events. The 2nd week will be statewide news or from other areas in NC besides the Triangle. The 3rd week will be about national news or events from areas outside of NC and the 4th week will be for international news.

If you have articles or news you would like for us to run in the zine please send them to the bread uprising email at breaduprising@resist.ca

We will be also be doing Bread Uprising updates and community happenings every

week along with ingredients.

Please remember that **we are baking Sunday 1/20 instead of Monday 1/21** so that we can be closed on the MLK holiday. Pick up time will be the same. Have a great week!

-Javiera

Bread Uprising Updates

We're having the first in a **series of visioning and discussion dinners this Friday at Serena & Emily's house 312 E. Trinity Ave., 7-9pm**. Please attend – we'll be discussing how Bread Uprising members felt/feel about the expansion this past fall and ideas for how to move forward. We'd love to see you there! We will hopefully be having another dinner in January as well. Bring a dish to share if you can.

King's Red & White Grocery on Roxboro is carrying bread every Monday and Friday! Fresh bread arrives in the afternoon.

LOMO market is at **Northgate Park off Club Blvd every Tuesday from 6-7:30pm** and that is one of the days they're stocked with our bread.



The bakers completed 2 days of in depth evaluations last week; we have one more

King's Red & White Grocery on Roxboro is carrying bread every Monday and Friday! Fresh bread arrives in the afternoon.

LOMO market is at **Northgate Park off Club Blvd every Tuesday from 6-7:30pm** and that is one of the days they're stocked with our bread.



The bakers completed 2 days of in depth evaluations last week; we have one more

scheduled day this month. We will then share our process with the Bread Team at our monthly meeting and with members through the zine and email in early February.

WHAT WE BAKED!

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3%), NC Honey (3%), OG fair-trade molasses (1%), Salt, Yeast.

Half-Wheat Sourdough Sandwich

Water (38%), OG ww bread flour (30%), OG 14% white bread flour (16%), OG white bread flour (15%), Non-GMOCanola oil, salt

Strawberry-Cherry Muffins

Grated apples (28%), Organic whole-wheat pastry flour (26%), non-GMO canola oil (10%), Organic raisins (9%), Orange County Honey (7%), Brown sugar (2%), Apple cider vinegar, baking powder, ginger, cinnamon, cardamom, baking soda, salt

scheduled day this month. We will then share our process with the Bread Team at our monthly meeting and with members through the zine and email in early February.

WHAT WE BAKED!

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Non-GMO canola Oil (3%), NC Honey (3%), OG fair-trade molasses (1%), Salt, Yeast.

Half-Wheat Sourdough Sandwich

Water (38%), OG ww bread flour (30%), OG 14% white bread flour (16%), OG white bread flour (15%), Non-GMOCanola oil, salt

Strawberry-Cherry Muffins

Grated apples (28%), Organic whole-wheat pastry flour (26%), non-GMO canola oil (10%), Organic raisins (9%), Orange County Honey (7%), Brown sugar (2%), Apple cider vinegar, baking powder, ginger, cinnamon, cardamom, baking soda, salt

Tomato-Basil Artisan Bread

Organic 14% white bread flour (34%), NC tomato puree (23%), Organic whole-wheat bread flour (18%), Water (16%), Organic white bread flour (8%), Olive oil, dry basil, salt



Panadería Bread Uprising Bakery
816 Yancey Street
Durham, NC 27701
www.breaduprising.org

Tomato-Basil Artisan Bread

Organic 14% white bread flour (34%), NC tomato puree (23%), Organic whole-wheat bread flour (18%), Water (16%), Organic white bread flour (8%), Olive oil, dry basil, salt



Panadería Bread Uprising Bakery
816 Yancey Street
Durham, NC 27701
www.breaduprising.org

Community Happenings

Annual Chapel Hill Martin Luther King Jr. Rally (9 AM @ Franklin St. Post Office & Court Bldg.) & **Service** (11 AM @ First Baptist Church, 106 N Robertson Street), Mon 1/21

The Chapel Hill-Carrboro and UNC-Chapel Hill chapters of the National Association for the Advancement of Colored People (NAACP) will sponsor the annual Martin Luther King Jr. Rally, March, and Worship Service. Meet for the rally at 9:00 and then join the march down Franklin Street ending at Historic First Baptist Church. The service at First Baptist Church (106 North Roberson Street, Chapel Hill, NC) will begin at 11:00 a.m. followed by a guest speaker and performances.

Community Happenings

Annual Chapel Hill Martin Luther King Jr. Rally (9 AM @ Franklin St. Post Office & Court Bldg.) & **Service** (11 AM @ First Baptist Church, 106 N Robertson Street), Mon 1/21

The Chapel Hill-Carrboro and UNC-Chapel Hill chapters of the National Association for the Advancement of Colored People (NAACP) will sponsor the annual Martin Luther King Jr. Rally, March, and Worship Service. Meet for the rally at 9:00 and then join the march down Franklin Street ending at Historic First Baptist Church. The service at First Baptist Church (106 North Roberson Street, Chapel Hill, NC) will begin at 11:00 a.m. followed by a guest speaker and performances.

And/or YOU are invited to **march with the SONG crew in the greensboro martin luther king day parade**--monday, january 21st at 9:30 am!

we are marching as part of the people's 100 days campaign (what's that? check it out here!) the theme of the day is "not just a dream: movement is king." we're going to be dancing down the street to the drum beat of cakalak thunder--in full and fabulous gay glory--interviewing each other and folks along the way about our EXPECTATIONS for president obama and for OURSELVES. we are building a southern freedom movement, get in LINE Y'ALL. For more, see <http://on.fb.me/VbusFl>

From Activist to Terrorist

7pm, January 23rd 104 Howell Hall (behind Cameron Ave.), UNC Campus in Chapel Hill

And/or YOU are invited to **march with the SONG crew in the greensboro martin luther king day parade**--monday, january 21st at 9:30 am!

we are marching as part of the people's 100 days campaign (what's that? check it out here!) the theme of the day is "not just a dream: movement is king." we're going to be dancing down the street to the drum beat of cakalak thunder--in full and fabulous gay glory--interviewing each other and folks along the way about our EXPECTATIONS for president obama and for OURSELVES. we are building a southern freedom movement, get in LINE Y'ALL. For more, see <http://on.fb.me/VbusFl>

From Activist to Terrorist

7pm, January 23rd 104 Howell Hall (behind Cameron Ave.), UNC Campus in Chapel Hill

A decade ago, the FBI labeled animal rights and environmental activists the "number one domestic terrorism threat," and new laws, like the Animal Enterprise Terrorism Act (AETA), legally define activism as terrorism--though, in the history of the most extreme earth and animal liberation groups, no humans have ever been harmed. The criminalization of these groups has (and will continue to) paved the way for the criminalization of all forms of dissent. Will Potter is an award-winning journalist who, after being told by the FBI he was on a domestic terrorist list, wrote Green Is the New Red, a book exposing how the State targets environmental activists. He will discuss how corporations manufactured the idea of "eco-terrorism," and why all social justice activists are at risk.

A decade ago, the FBI labeled animal rights and environmental activists the "number one domestic terrorism threat," and new laws, like the Animal Enterprise Terrorism Act (AETA), legally define activism as terrorism--though, in the history of the most extreme earth and animal liberation groups, no humans have ever been harmed. The criminalization of these groups has (and will continue to) paved the way for the criminalization of all forms of dissent. Will Potter is an award-winning journalist who, after being told by the FBI he was on a domestic terrorist list, wrote Green Is the New Red, a book exposing how the State targets environmental activists. He will discuss how corporations manufactured the idea of "eco-terrorism," and why all social justice activists are at risk.