

Season 10, Week 15 Dec 17, 2012 - 4:22pm

Bread Uprising Happenings

by Javiera

Happy New Year!! Hope everyone had a good holiday season. The bakery was closed for two weeks and it was nice to get a break and enjoy some down time. It's also been great getting back into the swing of things and looking ahead into 2013 hoping, dreaming and planning for the work we do here. Still having a hard time believing it's the first day of Season 11! My family joined Bread Uprising in the spring of 2011 (pretty sure it was season 5). These last 2 years have gone so quickly.

Looking forward to baking for you and working together as we continue to grow this community -- Javiera

- Have folks you want to invite to join the Bread Uprising? Come pick up some subscription forms! We give priority to food insecure and people of color households.
- We got our first bulk order of non-GMO canola oil today! It's locally processed and near where we get our pecans so we combined trips and also picked up pecans.
- We are baking on Sunday 1/20 instead of Monday 1/21 this month to observe the MLK holiday.
- The first week for granola this season is 1/28. We have about 10 bags at the bakery so if you need some to tide you over please let us know.

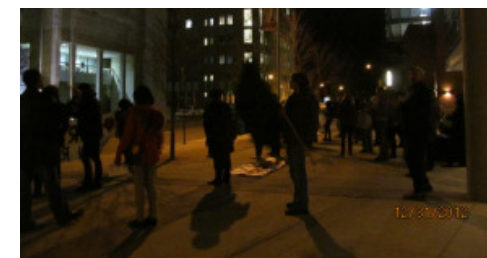


Whole Harvest Canola oil plant in Warsaw, NC

- Look out for announcements on community dinners. We're planning on having at least one in January so we can hear from members about how they feel about the expansion, ideas/suggestions on our work, different ways they would like to participate and also just a chance to get to socialize with other members.

New Year's Eve Jail Solidarity Demo

Several Bread Uprising members took part in a noise-making demonstration outside Durham County Jail on New Year's Eve to show solidarity



with inmate organizing. Here are excerpts from a speech by Yolanda Carrington at the demo:

"We are here tonight to send New Year's wishes to those in Durham with the least freedom. We are also here to show our support for those brave inmates who have been struggling to change the deplorable conditions inside this facility. In the past few months, several petitions have been sent to Sheriff Andrews and Lt. Colonel Perkins as well

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as media outlets protesting conditions, specifically around cleanliness and sanitation, lack of basic supplies, and lack of heat and hot water.

... Struggle and resistance is the mirror of exploitation and oppression. The organizing that inmates have taken here and in other jails and prisons in the last few years represents the seed of a new society. It is happening in small and sometimes isolated ways, but it is happening.

While we're here to show inmates our support and well wishes, we are also here tonight to demonstrate (loudly) our profound and immovable dissatisfaction with a city and county and system that chooses to warehouse human beings, to lock up overwhelming young Black and Brown people. The struggle of those inside is our common struggle—the struggle for a free humanity.”

--Yolanda Carrington, 12/31/2012

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--Yolanda Carrington, 12/31/2012

What We Baked! El Pan de la Semana

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Canola Oil (3%), NC Honey (3%), OG fair-trade molasses (1%), Salt, Yeast.

Half-Wheat Sourdough Sandwich

Water (38%), Organic ww bread flour (30%), Organic 14% white bread flour (16%), Organic white bread flour (15%), Canola oil, salt

Scaraway Rye Bread

Scaraway rye bread:
Durham county water (40%), Organic 14% white bread flour (34%), Organic whole rye flour (17.2%), Organic ww flour (5%), Caraway seeds, Salt, oil, yeast

Strawberry-Cherry Muffins

Strawberry cherry muffins:
Organic whole-wheat pastry flour (31%), NC Strawberry puree (27%), Canola oil (13%), NC honey (13%), Dried cherries (7%), Organic Unbleached All Purpose Flour (7%), Dried NC

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strawberries (2%), Baking powder, OG apple cider vinegar, vanilla, baking soda, salt, ginger, nutmeg

Gluten-Free Sandwich Bread (new recipe!)

Water, Brown rice flour, Millet flour, Potato starch, Garbanzo bean flour, Cornstarch (non-GMO), Tapioca flour, Orange county wildflower honey, Sea salt, Canola oil, Yeast

As many of you know the fall here at Bread Uprising was quite busy. We did a major fundraiser, hired another baker, increased the hours worked and our output quite significantly, started the process to becoming a formal cooperative and many many other things. So we decided to slow down a bit in January and take a month to reflect, evaluate and vision the future of Bread Uprising. We're hoping to share with one another what worked, what

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didn't and how to change things in the future if necessary. We'll also be thinking about our short term and long terms goals both as individuals and collectively. And we're wanting to get input from other members which is where the idea of a community dinner started. As we move through this process we look forward to sharing our insights!

Panadería 'Bread Uprising' Bakery
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