Season 10, Week 6 October 15, 2012 - 4:21pm Appologies for some slightly overdone muffins! we are adjusting to our new oven, which, like the govener, is a bit too hot! -Noah

At the beginning of October the bakers met to come up with our October work plan some of which will spillover into the next few months. This month our big focus is hiring a baker apprentice. We posted the job to our webpage, facebook, twitter and sent an email to our big listserv. Noah, Thaddaeus and Paola are on the hiring committee



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and they will be conducting job interviews. We are accepting job applications until Friday, October 26th. You can call Noah at 919-619-9935 or go to www.breaduprising.org and get the application there or send it along to someone who may be interested.

This month we are also doing an intense 4 hour class on cooperatives. We'll learn about some of the history of cooperatives in the US and also start learning about how different co-op models work which will help Bread Uprising as we transition into a worker owned cooperative. We joined the US Federation of Worker Cooperatives in September so we now have access to all of their resources. It's exciting to start this process and also know we have a place to go when we have questions or need guidance.

As far as expanding where and who we bake for we've started approaching some local businesses to see if they'll carry some Bread Uprising baked items. If you have any ideas or suggestions of plac-

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As far as expanding where and who we bake for we've started approaching some local businesses to see if they'll carry some Bread Uprising baked items. If you have any ideas or suggestions of places we should ask we'd love to hear them! We are working on a pricing list for catering and special cake orders. And we'll be at the green flea market located off Pettigrew the first 3 Saturdays in November. Through the holiday season there are several festivals and we are already planning which one make sense to be vendors at. So much of our work this month is lining things up for November and December and in making long term decisions about how we are formalizing ourselves. Hope everyone enjoys the bread this week! -Javiera

What We Baked! El Pan de la Semana

Whole Wheat/ Pan Integral (840g) OG Whole wheat bread flour (55%), Water (36%), Canola Oil (3%), NC Honey (3%), OG

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Whole Wheat/ Pan Integral (840g) OG Whole wheat bread flour (55%), Water (36%), Canola Oil (3%), NC Honey (3%), OG fair-trade molasses (1%), Salt, Yeast.

Spelt Raisin Bread (746g)

Organic spelt flour (50%), Water (37%), Raisins (9%), Organic whole-wheat bread flour, Organic white bread flour, salt.

Lemon Poppyseed Muffins (540g/6) Organic whole wheat pastry flour (34%), Pecan milk (NC pecans & water, 27%), Lemon juice (24%), NC Honey (22%), Canola Oil (22%), OG poppyseeds (4%), Baking powder, Salt, Baking Soda.

Granola (4c or about 1#/portion)

Organic Oats (60%), NC Honey (11%), Canola Oil (9%), OG Sunflower Seeds (7%), OG Pumpkin Seeds (5%), NC Pecans (5%), OG Fair-Trade Molasses (3%), Raisins, Salt, Cinnamon, Cardamom.

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Walmart Strike

by Javiera

The strike started in mid-September near Riverside California, in a spontaneous 15-day walkout by non-union warehouse workers. The strike then spread to Elmwood, Il the largest Walmart distribution warehouse in the country.

These warehouses employ subcontracted out labor for Walmart which relies on the cheap labor

to efficiently send inventory to various Walmart stores as needed vs. keeping inventory in Walmart stores. Since these warehouses are employed by Walmart, they can just stop hiring the warehouses that have union



labor. So instead workers have focused on getting Walmart to enforce its own labor standards on the warehouse owners.

Some of the complaints that workers have at both warehouses are lack of safety equipment, being denied breaks, wage theft and not being paid overtime. In Elmwood over the past 3.5 years there have been 11 lawsuits against the various warehouse operators. The most recent lawsuit has been filed against Roadlink and the US District Court of Illinois has accused Roadlink of both wage theft and lack of overtime pay.

During the recent teacher's strike in Illinois there were actions where teachers came to picket with warehouse workers on strike. But the most notable thing to happen are recent strikes by employees of Walmart at various store locations across the county. It is the first time in the 50 year history of Walmart for workers to walk off their jobs.

Picket outside walmart store in Laurel, MD. Photo: www.UFCW400.org

As of last Wednesday the strikes had spread to 12 cities across the country. As of now there have been no strikes in the Southern US except for Miami. The workers who walked off are a small fraction of the Walmart work force but momentum is building and there have been calls for major actions against Walmart on Black Friday.

Workers are demanding better pay and for retaliatory action against workers who complain about work conditions to stop. The average Walmart employee makes \$8.75 an hour while the CEO's, Rob Walton, net worth is \$19.7 billion. He makes

\$35 million a year, what he makes an hour is how much the average Walmart worker makes in a year.

Sources: articles on www.alternet.org, www.salon. com, and In These Times. For more info, see www. forrespect.org - the website of Walmart workers' membership association OUR Walmart.



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Members of OUR Walmart in California Photo: www.forrespect.org