

First day of the new season!!

Welcome to new members, and welcome back to old members. In seasons past, we've had to work a 10 or 12-hour day on Mondays, but this season as part of becoming a more formal co-op we're trying out a new shift schedule, so that everyone works just a 7-hour day (two people start early, one person comes in at 11:30 AM, and we overlap around lunchtime).

Bread Uprising Bakery | 816 Yancey St.  
[breaduprising@resist.ca](mailto:breaduprising@resist.ca)  
[www.breaduprising.org](http://www.breaduprising.org)

We're also really busy working on the final week of our Indiegogo campaign! The Herald-Sun is visiting this afternoon to work on a story about the campaign.

If you haven't done so already, please think about sending a personal email to friends & family telling them about the campaign and asking them to contribute. The "perk" for a \$250 contribution is a dozen custom-made cupcakes -- if you work in an office (or know somebody who does), could all of y'all pool your money to get to a \$250 contribution? And then enjoy delicious Bread Uprising cupcakes for a treat?



Go see bakery member **Thaddaeus Edwards**, and choreography by bakery member **Aya Shabu** in...

### *The Brothers Size*

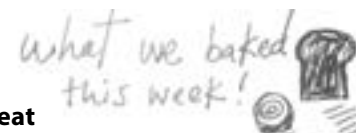
by Tarell Alvin McCraney  
at Manbites Dog Theatre (703 Foster St in Durham)

Two brothers, the Louisiana bayou, and West African mythology swirl together in this unforgettable theatrical event that will leave you breathless. Ogun and Oshoosi forced together by circumstances, struggle to negotiate an uneasy truce. But the arrival of their unpredictable friend Elegba threatens to undo the

fragile bonds of family. A story both modern-day and mythic, by "one of the most exciting new voices in the American theater since the arrival of Tony Kushner."

**September 13-29, 2012** (8:15 PM except Sunday matinee 3:15 PM on the 23)

**Tickets** \$17 Fri/Sat/Sun, \$12 weeknights. Pay what you can night is Thursday Sept. 13!



### **Half Wheat**

Water (36%), OG ww flour (30%), OG white flour (30%), veg oil (3%), NC Honey (1%), Salt

### **Whole Wheat**

Harina Integral Orgánica (57%), Agua (35%), Aceite Vegetal (4%), Miel de Carolina del Norte (2%), Melaza, Sal, Levadura



On September 1, 2 and 3, people from all over the country gathered in Charlotte to build a people's alternative to the Democratic National Convention. They took part in protests, discussions, art-making,



concerts and an assembly. Many bakery members were involved (especially Carly Campbell), and Tim designed some maps for the march. Here are some photos from the events.



Far left: Poster for the March on Wall Street South, featuring Pauli Murray, Ella Baker, Anna Mae Aquash, Emiliano Zapata, Fannie Lou Hamer, Henry Berry Lowry, Mumia Abu-Jamal, Rachel Corrie, Robert Williams, Mother Jones, Malcolm X, Rosa Parks, and Martin Luther King, Jr.

Left: Marchers at the march.

Top: Music at the Southern Workers Assembly. Right and far right: Participants in the assembly.



### **Tomato basil artisan**

Organic 14% white bread flour (34%), Organic NC tomato puree (23%), Organic whole-wheat bread flour (18%), Water (16%), Organic white bread flour (8%), Olive oil, dry basil, salt

### **Peach-blueberry muffins**

OG wwpastry flour (27%), NC peaches (17%), Hillsborough blueberries (15%), Canola oil (12%), NC honey (12%), OG yellow cornmeal (6%), NC pecan milk (6%), Dried NC peaches (2%), Baking powder, OG apple cider vinegar, baking soda, salt