S eason 9, Week 4 May 7th, 2012 - 3:09pm

Hi All.

Please don't forget to VOTE TOMORROW, MAY 8th, AGAINST AMENDMENT 1 - and try to bring 3 people with you when you go! For more information about the amendment, read inside.

Also inside: information about 2 events this weekend - Spirithouse's Prayer for Our Sons and Manju's Pie Auction Fundraiser Party.

MARK YOUR CALENDARS for the bakery assembly SUNDAY MAY 20th from 1-5PM. It will be at the SEEDS space. More info coming soon!



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AMENDMENT 1: WHAT IS IT?

VOTE AGAINST on TUESDAY MAY 8th! (from All of us NC, www.allofusnc.org)

Let's all go to the polls and vote against the amendment May 8, 2012. North Carolina families come in many forms: single-parent, multi-generational, senior citizens living together and supporting each other, straight and same-sex couples. Same-sex marriage is already banned in NC. The family discrimination amendment could jeopardize all kinds of households: "Marriage between one man and one woman is the only domestic legal union that shall be valid or recognized in this state." This amendment would:

*Ban the state from allowing unmarried couples to enter domestic partnerships and civil unions

*Potentially impact domestic violence protections; child custody and visitation rights; wills; estates; and medical decisions for all unmar-

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ried partners

*Take away the domestic partner benefits currently available to employees of eight local governments

Let's vote against the amendment on May 8th and show the power of love and solidarity on Southern soil.

Excerpts from

10 REASONS TO VOTE AGAINST DISCRIMINATION IN OUR CONSTITUTION by the NC NAACP, www.ncnaacp.org

1. For 102 years the NAACP's mission has always been to "ensure the political, educational, social, and economic equality of rights of all persons." We have always opposed any custom, tradition, practice, law or constitutional amendment that denies any rights, privileges, or opportunities to any person which can legally be extended to others. We should never codify discrimina-

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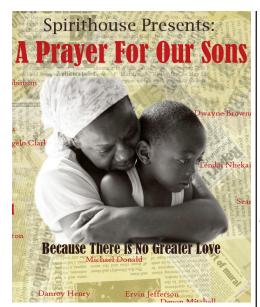
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tion, division and hate into our Constitution. All people have a right to equal protection under the law.

- 2. Many civic and faith organizations have membership quali!cations. But every person in North Carolina and the nation are protected by Constitutions that allow no racial, religious, or gender tests.
- 3. North Carolina should not reverse its proud history of expanding the rights of all persons in its constitutional amendments by now promoting an amendment that restricts the rights of some. ...
- 10. The marriage we should be concerned about is the marriage of corporate money and politics. Ultra-conservative corporations have tied the knot with an ugly set of anti-public policies that undermine public education, voter protection, workers rights, protection from payday lenders, health care reform and other programs established for the public good.

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May 12th, 2012 Noon-3pm

706 Gilbert St. Durham, NC 27701 (SEEDS garden) Performances, photo booth,

food & music, and face painting!



Details:

Vimala's Curryblossom Café 431 W. Franklin St. Chapel Hill DJ Yammy + Beat Report (Apple Juice Kid + DJ Jil)

Bring cash/check for Pie Adventure Auction. \$5-10, sliding, no one turned away. All donations help pay for Maniu's spinal injury medical bills. Universal healthcare! Justice for all!

El Pan de la Semana

Canola oil (3%), NC Honey (1%), Salt.

Whole Wheat/ Pan Integral (840g)

OG Whole wheat bread flour (55%), Water (36%), Canola Oil (3%), NC Honey (3%), OG fair-trade molasses (1%), Salt, Yeast.

Summery Whole Wheat (694g)

Durham county water (45%), Organic wholewheat flour (28%), Organic white bread flour (18%), Organic high-gluten flour (7%), Honey, Salt.

Peach Blueberry Muffins (430q/6)

Organic whole-wheat pastry flour (27%), Canned NC peaches (17%), Hillsborough blueberries (15%), Canola oil (12%), NC honey (12%), Organic yellow cornmeal (6%), NC pecan milk (6%), Dried NC peaches (2%), Baking powder, OG apple cider vinegar, baking soda, salt.

> Panadería 'Bread Uprising' Bakery breaduprising@resist.ca breaduprising.wordpress.com 816 Yancev St / Durham NC 27701

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and... Best of luck to the folks who are traveling to Charlotte NC this Wednesday to protest at the Bank of America shareholders meeting! If you want to go, email RaleighFIST@ gmail.com or call 919-539-2051 for more info!

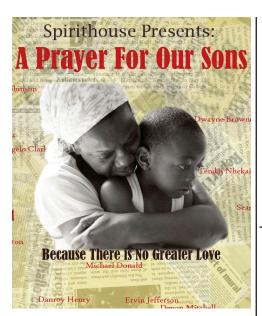


Bank of America

Half Wheat / Pan Medio-Integral de Levadura Natural (840g)

What We Baked!

Water (39%), OG Whole wheat bread flour (29%), OG Unbleached bread flour (29%),



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