Season 9, Week 16, 8/13/2012, 3:58 PM

Nearly the end of he season! We're baking some super-fluffy white bread today (white bread dough is actually a lot easier to work with than whole-wheat). In today's 'zine: info about the re-subscription process, a photo from the vigil last week for the victims of the Sikh temple massacre in Wisconsin, and info about a poetry evening at Vimala's Curryblossom this week!

Enjoy the bread!

Bread Uprising Bakery | 816 Yancey St. breaduprising@resist.ca breaduprising.wordpress.com

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Season 10 Resubscriptions!

What you can do: Think about your order and pledge for next season. Reply to our email or write us at breaduprising@resist.ca and let us know what you've decided.

It's that time again... time to re-subscribe for the new season. Season 10 is 15 weeks, beginning on Monday Sept 10th and ending on December 17.

Here's our timeline for re-subscriptions

Monday, Aug. 13 (today) -- Every subscriber with email access gets an email reminding them of their pledge and order. Y'all can reply to this email and let us know your new order & pledge for Season 10.

Thursday, Aug. 16 -- The bakers, Beth and Shanika start making follow-up phone calls to folks who haven't replied to the email and folks who don't have email access

Friday, August 24 -- Check-in with folks doing phone calls to see who they've heard back from so far.

Wednesday, September 5 -- Deadline for resubscriptions! Everyone we've heard back from at this point goes on the baking schedule for Monday the 10th.

PS. We definitely have room for new members this season. If you know people in food insecure households, or people of color, who would want to join the bakery, please invite them! Contact us if you want subscription materials.



Vigil Wednesday night at the Sikh GuruDwara of NC in Durham to remember the victims of the senseless violence at Oak Creek temple, Wisconsin, Photo: WRAL.

Sikhism was originated in northern part of İndia called Punjab; it was initiated about 500 years ago. The majority of the 25 million Sikhs live in northern İndia. There are approximately 700,000 Sikhs in the USA. They are the followers of Sikh Scriptures contained in Holy "Guru Granth Sahib". Often, Sikhs have been mistakenly identified with Osama Bin Laden and been victim of hatred and ridicule. For more information on Sikhism, visit: http://www.saldef.org/learn-about-sikhs/

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#OCCUPY CAPITALISM

WE FEEL THE TOXINS WE FEEL THE DANGER WE HEAR THE CHILDREN WE SEE NO FUTURE WE BEDBOUND GENDERBOUND JAILBOUND WE HOMED & UNHOMED WE THIS SACRED FIRE

WE WISH WE COULD GIVE ALL
WE LONGING TO GIVE
WE A CELEBRATION
WE WISH WE KNEW HOW
WE FEEL A TASTE OF IT, FREE
WE HUNGER LOVE STRONGER
WE SOUNDING THIS LOUDER

WE SMELL A NEW DAWN
WE TASTE THIS NEW POWER

Excerpt from Poem by Vanessa Huang for Decolonize Oakland, Occupy Together, Liberate Everywhere! Italicized and non-italicized text borrowed from and/or response to work and recent words of comrades writing in solidarity from Cairo, First Nations elders and leaders, Reina Gossett and Sylvia Rivera Law Project at Occupy Wall Street, Nina Simone, Langston Hughes, Adrienne Maree Brown, Chris Crass, Kenji Liu, Lily Haskell, Mushim and the Buddhist Peace Fellowship, Yashna Maya Padamsee, and so much movement legacy.

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Poemsong for Liberation: Vanessa Huang at Curryblossom Thursday, August 23, 2012, 7:30pm Vimala's Curryblossom Cafe, 431 W. Pranklin St. in Chapel Hill



Vanessa Huang is a poet, cultural worker, and activist whose practice inherits teachings from the prison abolition, migrant justice, gender libera-

tion, transformative justice, disability justice, and reproductive justice movements. Join Vanessa Huang at Curryblossom for an evening of poetry and nourishment brewed with love by many elements and beings, sung in harmony with many voices. Come ready to breathe, renew connection with new and old friends, and continue to imagine a taste of how it would feel to be free. You're invited to lean into poetry and

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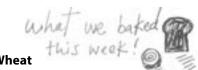


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food as community ritual: bring a line from a poem or song you'd like to invoke as offering for the table!

Accessibility request: To support our collective wellness and protect the health of those of us with chemical injury, please prepare in advance to come scent free. More info: http://eastbaymeditation.org/accessibility/scentfree.html



Half Wheat

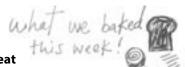
Water (36%), OG ww flour (30%), OG white flour (30%), veg oil (3%), NC Honey (1%), Salt

Whole Wheat

Harina İntegral Orgánica (57%), Agua (35%), Aceite Vegetal (4%), Miel de Carolina del Norte (2%), Melaza, Sal, Levadura

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"Sleepless White" Artisan

OG white bread flour (63%), Water (35%), Salt, Yeast. Recipe from the Handmade Bakery, Slaithwaite, UK

Figgy mystery Muffins

OG whole wheat pastry flour (28%), NC applesauce (18%), Fig puree with pumpkin butter (14%), Canola oil (12%), NC Honey (12%), OG Cornmeal (7%), Pecan milk (6%, NC pecans + water), Apple Cider Vinegar, Baking Powder, Fennel Seed, Salt, Baking Soda. Plus extra special 100% mystery.

Granola

Organic Oats (60%), NC Honey (11%), Canola Oil (9%), OG Sunflower Seeds (7%), OG Pumpkin Seeds (5%), NC Pecans (5%), Sorghum syrup from Okfuskee farm (3%), Almonds, Raisins, Salt, Cinnamon, Cardamom

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