

Season 8, Week 1, 12/5/2011, 4:42 PM

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Hi all! Today is the first day of the eighth season of the bakery! We're really excited to be starting what feels like a new stage in the bakery, and there are a lot of upcoming possibilities to expand and transform along our vision. We also welcome this week new members Zach Glass and Ed Swan.

Bread Uprising Bakery | 816 Yancey St.
breaduprising@resist.ca | breaduprising.wordpress.com

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EXTREME COUPONING!!! / Cupones extremos!

Miembros de la panadería Emily Chavez y Serena Sebring participan en una actividad que en inglés se llama "extreme couponing". Significa acumular cupones para usarlos cuando correspondan con las ofertas de descuento de diferentes supermercados, y así ganar productos gratis o a muy bajo precio. Quieren empezar a compartir sus ganancias con otros miembros de la panadería, y también buscan otros participantes y más cupones. **Si recibes periódicos o revistas con cupones que no uses, tráigalos a la panadería!**

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that you can get items really cheaply or even free. They'd like to start to involve the bakery in this more, by sharing extra products they can get for free and also collecting unused coupons. So **if you get newspapers and magazines that have coupons you're not using, bring them to the bakery and we'll pass them along to Serena and Emily!** If you'd like to get involved in extreme couponing, let us know!

What we baked! / El pan de la semana

Half Wheat / Pan Medio-Integral de Levadura Natural (840g)

Water (36%), OG ww flour (30%), OG white flour (30%), veg oil (3%), NC Honey (1%), Salt

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Harina Integral Orgánica (57%), Agua

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(35%), Aceite Vegetal (4%), Miel de Carolina del Norte (2%), Melaza, Sal, Levadura

Pear-apple-ginger muffins / Mufines con pera, manzana y gingibre (450g)

Pears from Monica (27%), Organic ww pastry flour (27%), Applesauce (13%), Orange County honey (11%), Organic yellow cornmeal (8%), NC pecan milk (8%), Canola oil (4%), Vinegar (2%), Organic crystallized ginger, powdered ginger, baking soda, baking powder, salt

Tomato-basil bread / Pan artesanal de tomate con albahaca

Organic 14% white bread flour (34%), Organic NC tomato puree (23%), Organic whole-wheat bread flour (18%), Water (16%), Organic white bread flour (8%), Olive oil, dry basil, salt

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Upcoming Performances Estrenos Proximos

Muchxs miembrxs de la panadería se involucran en unos proyectos de baile y teatro cuales se estrenan en las proximas semanas. El Durham 'Nutcracker' es una muestra de baile basado en el famoso ballet de Tchaikovsky, pero traslado a nuestro tiempo con bailes de estilo Hip-Hop, Capoeira y Salsa. El 'Collective Sun' es una obra que comparte historias de resistencia al complejo industrial de prisiones. Ambos estan en inglés, pero el "Nutcracker" será mayoramente musica y baile que se disfrutaria sin entender inglés.

Bread Uprising members are participating in some performances over the next few weeks that you might want to think about attending...

Thaddaeus Edwards is in the cast of the Collective Sun performance which is being written/organized by sometime bakery members **Nia Wilson** and **Rachael Derello**. Bakery member **Nikki Brown** is designing an audio tunnel for the performance as well.

Young Bread Uprising members **Bailey** and

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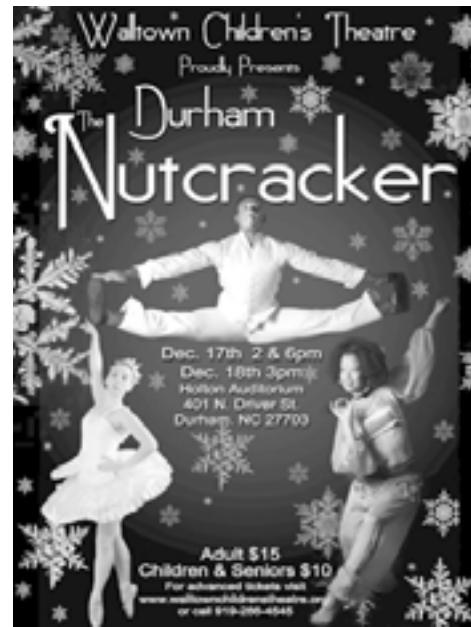
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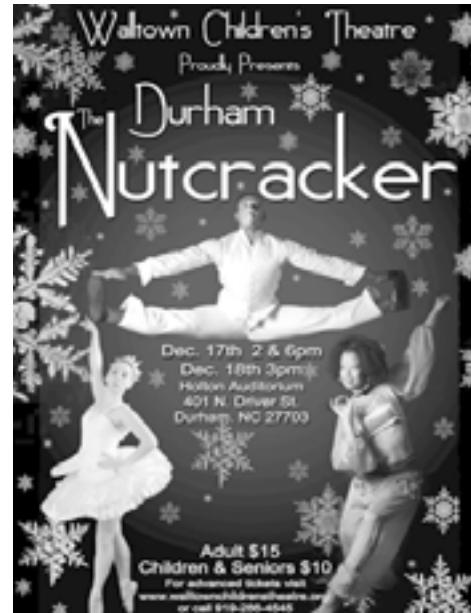
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Courtney are in the cast of the Durham Nutcracker, which is being produced by Bread Uprising member **Wanona Satcher**!



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Walltown Children's Theatre: Durham Nutcracker

Saturday Dec. 17 at 2 & 6 PM
Sunday Dec 18th at 8 PM
Holton Auditorium
201 N Driver Street
Adults \$15, Children & Seniors \$10



Collective Sun staged reading

Sunday December 11, 3 - 6 PM
NCCU Department of Criminal Justice
301 Whiting Criminal Justice Building, Durham, NC
Free, \$5 suggested donation

Collective Sun is an interactive community performance and audio and visual arts installation that shares untold stories of resistance to the violence of prison and policing in the Black community.

The reading on Sunday will contain parts of the full performance (planned for February 24/25) followed by a thought provoking community discussion moderated by Dr. Alexis Pauline Gumbs.



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WCT presents an encore performance of it's successful holiday musical, "The Durham Nutcracker"! This contemporary adaptation of Tchaikovsky's Nutcracker infuses Ballet, Salsa, Tap, Hip Hop, Capoeira, African and Contemporary Dance into a musical narrative. During auditions for the Nutcracker, Sarah Tucker, a young dancer facing challenges both in and out of the dance studio learns courage and a passion for dance is what determines her success and true happiness while dancing the title role of Clara.

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