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Season 6, Week 3

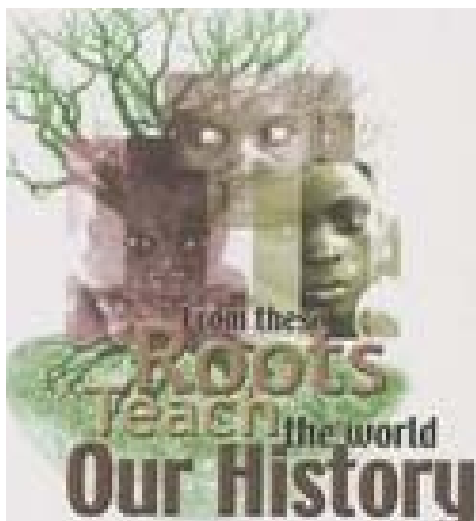
June 13, 2011



Una Pequeña Historia de Juneteeth!

19 de junio 1865 fue el día que, a la gente esclavizada en Tejas, finalmente les llegaron las noticias que se había terminado la esclavitud. A pesar de que el presidente Lincoln firmó la Proclamación de Emancipación en el Enero de 1863, nadie se cumplían y la noticia no llegó siquiera a muchas personas en el Sur de los E.E.U.U. En el 19 de Junio, soldados de la Unión llegó a Galveston, Texas, para anunciar que los esclavos en Texas eran libres. Por eso, celebramos Juneteeth como un día de la libertad y la liberación de lxs Afroamericanxs.

Durham organizó su séptima Celebración y Marcha de la Unidad anual de Juneteenth y el Sábado pasado. Si ustedes asistieron y quieren



A little history of Juneteeth!

June 19th, 1865 was the day that news of the end of slavery actually reached enslaved people in Texas. Even though President Lincoln signed the Emancipation Proclamation in January,

compartir sus pensamientos o fotos para la revista, contáctenos!



What we baked! / El pan de la semana

Half Wheat / Pan Medio-Integral de Levadura Natural (840g)

1863, it was not enforced and the news did not even reach many enslaved people across the South. June 19th was the day that Union soldiers arrived in Galveston, Texas to announce that enslaved people in Texas were free, so Juneteeth is celebrated as a day of freedom and liberation for African American people.

From Juneteeth.com, "World Wide Celebration":

"[A]ttempts to explain this two and a half year delay in the receipt of this important news have yielded several versions that have been handed down through the years. Often told is the story of a messenger who was murdered on his way to Texas with the news of freedom. Another, is that the news was deliberately withheld by the enslavers to maintain the labor force on the plantations. And still another, is

that federal troops actually waited for the slave owners to reap the benefits of one last cotton harvest before going to Texas to enforce the Emancipation Proclamation. All of which, or neither of these version could be true. Certainly, for some, President Lincoln's authority over the rebellious states was in question. For whatever the reasons, conditions in Texas remained status quo well beyond what was statutory."

Durham hosted its 7th Annual Juneteenth Celebration and Unity March this past Saturday. If y'all attended and want to share thoughts or photos for the 'zine, let us know!

Bread Uprising Bakery
816 Yancey St., Durham, NC 27701
breaduprising@resist.ca
<http://breaduprising.wordpress.com>

Water (36%), OG ww flour (30%), OG white flour (30%), veg oil (3%), NC Honey (1%), Salt

Whole Wheat / Pan Integral (840g)

Harina Integral Orgánica (57%), Agua (35%), Aceite Vegetal (4%), Miel de Carolina del Norte (2%), Melaza, Sal, Levadura

Coconut-raisin muffins

Pecan milk (24%: NC pecans, water), Orange county honey (22%), OG all-purpose flour (10%), OG whole-wheat pastry flour (10%), OG oats (9%), Coconut (9%), OG raisins (9%), Vegetable oil (4%), OG flaxseed (2%), Baking powder, Baking soda, and Salt

Granola bars / Barras de Granola

Peanut butter (12%), NC pecans (12%), Organic oats (12%), Orange county honey (12%), Durham county water

(12%), OG pumpkin seeds (9%), OG raisins (9%), Dried cherries (9%), OG white flour (6%), OG whole-wheat flour (6%), Salt, Cinnamon

Pan semillas de girasol con harina de centeno / Sunflower rye bread

Durham county water (36%), Organic white bread flour (23%), Organic whole rye flour (17%), Organic whole-wheat flour (16%), Organic sunflower seeds (6%), Salt, Yeast

Gluten Free Bread (750g/loaf) Pan Sin Gluten (750g/pan)

Harina de mijo (11%), almidón de pap (10%), almidón de maíz (9%), Yucca harina (7%), Miel de Carolina del Norte (5%), Aceite vegetal, levadura, sal, goma guar