



Season 3, Week 8

Oct. 4, 2010  
4:50 PM

October is here!

This week we baked with pumpkins from the Raleigh Farmers' Market, and witnessed a battle in which the gluten-free bread tried to attack the wheat bread. Who will win? Only time will tell. This week's zine has a report-back about bakery finances, and tips for what to do if the FBI or police pay you a visit.



Season 3, Week 8

Oct. 4, 2010  
4:50 PM

October is here!

This week we baked with pumpkins from the Raleigh Farmers' Market, and witnessed a battle in which the gluten-free bread tried to attack the wheat bread. Who will win? Only time will tell. This week's zine has a report-back about bakery finances, and tips for what to do if the FBI or police pay you a visit.

### Bakers' Retreat: Finances Reportback

This Saturday we took a trip to Raleigh on the TTA bus for a bakers' retreat. Our main goal was to go over our finances to figure out how to divide up the rent money that is coming to us for the bakery. As part of this, we wanted to talk about class; and we also wanted to open up some space to be able to dream about the bakery, because we have both been feeling a little worn down by the day-to-day.

We each brought all our financial records, and went over each of our monthly budgets and whether we expect anything to change before December. We discovered something exciting!

Right now the amount of money that is coming in to the bakery for our rent is about \$675/month. With the other income that each of us expects to have for the rest of the year, \$650 is actually the total amount that we need! Tim's total monthly expenses are about \$1175, and Noah's are \$1450 (higher because of significantly more expensive rent), and we each have

### Bakers' Retreat: Finances Reportback

This Saturday we took a trip to Raleigh on the TTA bus for a bakers' retreat. Our main goal was to go over our finances to figure out how to divide up the rent money that is coming to us for the bakery. As part of this, we wanted to talk about class; and we also wanted to open up some space to be able to dream about the bakery, because we have both been feeling a little worn down by the day-to-day.

We each brought all our financial records, and went over each of our monthly budgets and whether we expect anything to change before December. We discovered something exciting!

Right now the amount of money that is coming in to the bakery for our rent is about \$675/month. With the other income that each of us expects to have for the rest of the year, \$650 is actually the total amount that we need! Tim's total monthly expenses are about \$1175, and Noah's are \$1450 (higher because of significantly more expensive rent), and we each have

enough other income to make up the difference. So, for this season (and through December), we are splitting the bakery money \$250 for Tim and \$400 for Noah.

It was really heartening to check out the numbers and find out that, even though we requested more from folks (more like \$900, to more completely cover our rent), what folks were able to put in is actually about what we need right now!

Alexis sent us some really good looking articles & books to read about class, and we've still got to read them. We also talked about much time we would ideally like to be putting into the bakery in the future, and did a little dreaming about projects we could take on.

### Ingredients!!

**Whole-wheat sandwich (840g/loaf)**  
OG whole wheat flour (57%), Water (35%), Vegetable oil (4%), NC Honey (2%), Fair-Trade Molasses, Salt, Yeast

enough other income to make up the difference. So, for this season (and through December), we are splitting the bakery money \$250 for Tim and \$400 for Noah.

It was really heartening to check out the numbers and find out that, even though we requested more from folks (more like \$900, to more completely cover our rent), what folks were able to put in is actually about what we need right now!

Alexis sent us some really good looking articles & books to read about class, and we've still got to read them. We also talked about much time we would ideally like to be putting into the bakery in the future, and did a little dreaming about projects we could take on.

### Ingredients!!

**Whole-wheat sandwich (840g/loaf)**  
OG whole wheat flour (57%), Water (35%), Vegetable oil (4%), NC Honey (2%), Fair-Trade Molasses, Salt, Yeast

**Half-wheat sourdough (840g/loaf)**  
Water (36%), OG ww flour (30%), OG white flour (30%), veg oil (3%), NC Honey (1%), Salt

**Multigrain sourdough (757g/loaf)**  
Organic whole wheat bread flour (43%), Water (40%), Organic rye flour (3%), Rolled oats (3%), Lentils (2%), Buckwheat, Rye berries, flax seed, quinoa, sunflower seeds, salt, barley, sesame seed, pumpkin seed, poppy seed

**Pizza Crusts (333g each)**  
Water (36%), OG ww bread flour (29%), OG unbl. flour (29%), Olive Oil (3%), Salt, Yeast

**Pumpkin Spice Muffins (459g/half-dozen)**  
OG ww pastry flour (31%), NC pumpkin (29%), Canola oil (12%), NC honey (11%), Pecan milk (6%), OG FT Molasses (6%), OG Coconut Milk (4%), Baking soda, Salt, Cinnamon, Citric Acid, Cloves, Nutmeg, Ginger

*Bread Uprising Bakery  
816 Fancey St., Durham, NC 27701  
breaduprising@resist.ca  
breaduprising.wordpress.com*

**Half-wheat sourdough (840g/loaf)**  
Water (36%), OG ww flour (30%), OG white flour (30%), veg oil (3%), NC Honey (1%), Salt

**Multigrain sourdough (757g/loaf)**  
Organic whole wheat bread flour (43%), Water (40%), Organic rye flour (3%), Rolled oats (3%), Lentils (2%), Buckwheat, Rye berries, flax seed, quinoa, sunflower seeds, salt, barley, sesame seed, pumpkin seed, poppy seed

**Pizza Crusts (333g each)**  
Water (36%), OG ww bread flour (29%), OG unbl. flour (29%), Olive Oil (3%), Salt, Yeast

**Pumpkin Spice Muffins (459g/half-dozen)**  
OG ww pastry flour (31%), NC pumpkin (29%), Canola oil (12%), NC honey (11%), Pecan milk (6%), OG FT Molasses (6%), OG Coconut Milk (4%), Baking soda, Salt, Cinnamon, Citric Acid, Cloves, Nutmeg, Ginger

*Bread Uprising Bakery  
816 Fancey St., Durham, NC 27701  
breaduprising@resist.ca  
breaduprising.wordpress.com*

## What should I do if police, FBI, or other agents come to my door?

With the recent FBI raids and harassment (a harsh reminder of the fear tactics that the federal government has been using for a long time to silence dissent), we thought it'd be useful to put out a little reminder. The advice below mostly comes from a much longer pamphlet by the Center for Constitutional Rights called "If an Agent Knocks", which is online at [http://ccrjustice.org/files/CCR\\_If\\_An\\_Agent\\_Knocks.pdf](http://ccrjustice.org/files/CCR_If_An_Agent_Knocks.pdf)

If officers come to your home, you do not have to answer the door or let them in unless they have a warrant from a court authorizing them to search your home. You can ask them to leave a business card under the door and tell them you will call them if you decide to talk to them. Do not let anyone enter without a warrant -- if you need to discuss things further, step outside or onto the porch. If you open the door and let an officer in, that can be considered 'implied consent', even if you did not intend to consent to a search. Also, your partner, spouse or housemates can all legally consent to a search of the premises

## What should I do if police, FBI, or other agents come to my door?

With the recent FBI raids and harassment (a harsh reminder of the fear tactics that the federal government has been using for a long time to silence dissent), we thought it'd be useful to put out a little reminder. The advice below mostly comes from a much longer pamphlet by the Center for Constitutional Rights called "If an Agent Knocks", which is online at [http://ccrjustice.org/files/CCR\\_If\\_An\\_Agent\\_Knocks.pdf](http://ccrjustice.org/files/CCR_If_An_Agent_Knocks.pdf)

If officers come to your home, you do not have to answer the door or let them in unless they have a warrant from a court authorizing them to search your home. You can ask them to leave a business card under the door and tell them you will call them if you decide to talk to them. Do not let anyone enter without a warrant -- if you need to discuss things further, step outside or onto the porch. If you open the door and let an officer in, that can be considered 'implied consent', even if you did not intend to consent to a search. Also, your partner, spouse or housemates can all legally consent to a search of the premises

if you're not home (so be sure to check in with them first!).

Agents who have an arrest or search warrant are the only ones you are legally required to let into your home or office. You should ask to see the warrant before permitting access. And you should immediately ask to call a lawyer. To the extent permitted by the agents conducting a search, you should observe the search carefully, following them and making mental or written notes of what the agents are doing. As soon as possible, write down what happened and discuss it with your lawyer.

### What should I do if agents come to question me?

Even when agents come with a warrant, you are under no legal obligation to tell them anything other than your name and address. It is important, if agents try to question you, not to answer or make any statements, at least not until after you have consulted a lawyer.

if you're not home (so be sure to check in with them first!).

Agents who have an arrest or search warrant are the only ones you are legally required to let into your home or office. You should ask to see the warrant before permitting access. And you should immediately ask to call a lawyer. To the extent permitted by the agents conducting a search, you should observe the search carefully, following them and making mental or written notes of what the agents are doing. As soon as possible, write down what happened and discuss it with your lawyer.

### What should I do if agents come to question me?

Even when agents come with a warrant, you are under no legal obligation to tell them anything other than your name and address. It is important, if agents try to question you, not to answer or make any statements, at least not until after you have consulted a lawyer.

Upon first being contacted by any government investigator the safest thing to say is, "Excuse me, but I'd like to talk to my lawyer before I say anything to you." Or, "I have nothing to say to you. I will talk to my lawyer and have her [or him] contact you." Department of Justice policy requires agents to cease questioning, or refrain from questioning, anyone who informs them that he or she is represented by a lawyer. If agents ask for your lawyer's name, ask for their business card, and say you will have your lawyer contact them. Remember to get the name, agency, and telephone number of any investigator who visits you. If you do not have a lawyer, call Movement Support Network Hotline (212) 477-5652, or call the local office of the National Lawyers Guild.

As soon as possible after your first contact with an investigator, write a short memo about the visit, including the date, time, location, people present, any names mentioned by the investigators, and the reason they gave for their investigation. Also include descriptions of the agents and their car, if any. This may be useful to your lawyer and to others who may be contacted by the same agents.

Upon first being contacted by any government investigator the safest thing to say is, "Excuse me, but I'd like to talk to my lawyer before I say anything to you." Or, "I have nothing to say to you. I will talk to my lawyer and have her [or him] contact you." Department of Justice policy requires agents to cease questioning, or refrain from questioning, anyone who informs them that he or she is represented by a lawyer. If agents ask for your lawyer's name, ask for their business card, and say you will have your lawyer contact them. Remember to get the name, agency, and telephone number of any investigator who visits you. If you do not have a lawyer, call Movement Support Network Hotline (212) 477-5652, or call the local office of the National Lawyers Guild.

As soon as possible after your first contact with an investigator, write a short memo about the visit, including the date, time, location, people present, any names mentioned by the investigators, and the reason they gave for their investigation. Also include descriptions of the agents and their car, if any. This may be useful to your lawyer and to others who may be contacted by the same agents.

## Are there any circumstances under which it is advisable to cooperate with an FBI investigation?

Never without a lawyer. There are situations, however, in which an investigation appears to be legitimate, narrowly focused, and not designed to gather political intelligence. Such an investigation might occur if you have been the victim of a crime, or are a witness to civil rights violations being prosecuted by the federal government. Under those circumstances, you should work closely with a lawyer to see that your rights are protected while you provide only necessary information relevant to a specific incident.



## Are there any circumstances under which it is advisable to cooperate with an FBI investigation?

Never without a lawyer. There are situations, however, in which an investigation appears to be legitimate, narrowly focused, and not designed to gather political intelligence. Such an investigation might occur if you have been the victim of a crime, or are a witness to civil rights violations being prosecuted by the federal government. Under those circumstances, you should work closely with a lawyer to see that your rights are protected while you provide only necessary information relevant to a specific incident.

