

We are late with the 'zine!! And everyone is showing up to help clean and pick up bread and muffins and kids are running around and we are excited about telling y'all about the assembly... more to come next week, especially details of the bakery structure proposal! But for now, the next page's teaser will have to do.

Also, if you have any feedback about the meeting you want to share, please let us know (and write something for the 'zine!!!)

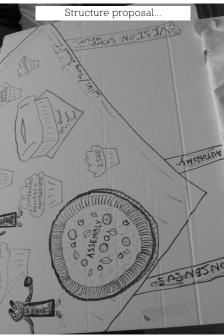
Love. Tim & Noah

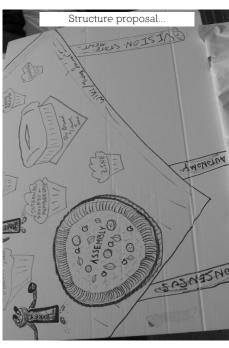


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Love, Tim & Noah







What we baked...

Half-wheat sourdough sandwich (840g/loaf)

Water (36%), Organic ww flour (30%), Organic white flour (30%), veg oil (3%), NC Honey (1%), Salt

Whole-wheat sandwich bread (840g/loaf)

Organic whole wheat flour (57%), Water (35%), Vegetable oil (4%), NC Honey (2%), Fair-Trade Molasses, Salt. Yeast



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Brown bread with British flour (734g/loaf)

"Strong wholemeal flour" (47%), Water (40%), White bread flour (12%), Salt, Yeast

Granola (447g/portion)

Organic Rolled Oats (44%), Organic Pumpkin Seeds (14%), NC Honey (12%), Organic Sunflower Seeds (8%), Pecans (7%), Canola Oil (7%), Organic Fair Trade Molasses (6%), Organic Coconut Flakes (2%), Salt, Cinnamon, Cardamom

Mediocre peach muffins (400g/half-dozen)

Canned NC peaches (45%), Organic whole-wheat pastry flour (26%), NC pecan milk (13%), Organic cornmeal (7%), Organic flaxseed "eggs "(4%), NC wildflower honey (2.6%), Vegetable oil (1.5%), Baking powder, baking soda, cinnamon, salt, citric acid

Bread Uprising Bakery 816 Yancey St., Durham, NC 27701 breaduprising@resist.ca breaduprising.wordpress.com

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What is an assembly?

24 hours after our second bakery assembly, we find ourselves pondering this question. In part because some of it felt more like a meeting than we would have liked, we have been reflecting on what is the difference between an assembly and a meeting?

We turned to our memories, the dictionary, and the internet, to find other examples of assemblies and try to imagine what this body could look like. The two of us tend to associate the word assembly in our minds with popular assemblies like the APPO (Asamblea Popular de los Pueblos de Oaxaca), the PMAs (People's Movement Assemblies) at the US Social Forum, and the asambleas barriales that were part of the popular resistance in Argentina after the political & economic crisis in 2001. When we looked it up on Wikipedia, we were reminded that the NC government runs through a General Assembly, as does the United Nations. We also found out that assemblies seem to often use "resolutions" as the ways they make decisions about things that are both day-to-day and have far-reaching implications.

While radical, popular democracy is much more inspiring to us than representative bureaucracy, one thing that pretty much all of these bodies seem to have in common is that the participants are each coming from different places and bringing their different needs, politics, commitments, and communities/constituents/folks to the table with them, and trying to figure out what they can do together.

This does sometimes happen in meetings, but meetings are often boring and assume that tension will be resolved or glossed over. We can imagine an assembly as a raucous space where everyone is speaking up for themselves and their people, there are big disagreements, and we honor the ways that we are committed to working together. Next week, we'd like to include people's reflections on our assembly. Do you have thoughts? Let us know!

[4:33:01 PM] Avery Book: i feel like it's become a trendy way of giving meetings more movement cred

[4:33:09 PM] Noah: oh no!

AB: but can be incredible contexts for building bottom up and radically democratic community structures

N: yay!

AB: well, some of the bigger assemblies that happened in oaxaca sounded something between a conference of anarchists and a soccer game with working groups and people booing or cheering their support at other times. i also think an assembly implies a commitment by those attending to building something that wasn't there before

N: hmmm... what does that mean? like building a different form of democracy/people's governance?

AB: there seems to be an implication that there is both a need for a communit yto make a decision. and an implication that broad and directly participatory democracy is the way to do it. and that everyone has a stake in the outcome

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