



June 28 2010
5:27 PM

Hey!

Everyone's back in town from the Social Forum in Detroit. We had a busy week at the bakery while y'all were gone (well, Noah was gone too). One of the highlights was trying to fit everyone's leftover bread into the overcrowded freezer. We also started baking for Vimala's Curryblossom Cafe, and it turns out that our white dinner rolls are exactly like the Pav that folks buy on the street in Bombay. Also we found out that Tim's bike can hold 6 and half dozen dinner rolls, but no more. Coming up in today's zine, an update from Noah on all the going's on at the USSF!

of questionable leftovers from our cooler, Paola and I decided to go looking for a grocery store. We went to the laundromat to wash diapers, and we took off from there to drive around. We saw exactly what people had been talking about – boarded up houses right next to really nice ones; CVS and McDonalds; some huge community gardens; and several corner stores with "liquor" in huge letters and "groceries" in very small ones. We were hoping for something better. We passed a huge produce warehouse, but no stores. Almost an hour later, it was almost 10pm and we decided to stop at once of the liquor stores. We bought canned beans, stale tortillas, lemons, 1 cucumber, and some other moldy produce, some of which we bought – and a can opener. The store worker told us there was a grocery store a mile and a half down the road, so we went to check it out – it was small, and only opened recently, but they had produce! Turns out we had driven all the way to the next town over.

By now it was around 11pm, and we headed back. Suriyana kept asking for agua, or nook (milk). We still had quite a ways to go, so Paola

Detroit 2010 - The United States Social Forum

Many folks connected to Bread Uprising, and many others from Durham and beyond gathered in Detroit, MI for the United States Social Forum this past week. Here's a little report-back from my time there. I want to preface this by saying that there was *so much* going on at once, and so many things I would have liked to attend that I did not get a chance to. I would love to hear from other folks who were there about your experience (you could even write it up and we'll put it in the zine!).

Some highlights:

- Over 50 People's Movement Assemblies, especially the visionary Queer People's Movement Assembly
- Learning about what is going on in Detroit, especially the work around food security, environmental justice, & the economy
- So much work happening around the solidarity economy, co-ops, etc – particularly

Bread Uprising comrades at the Queer Peoples' Movement Assembly (photo courtesy SONG)



tried to explain- "Suriyana, a veces hay lugares donde hay comida, y donde no hay comida. Hay lugares donde hay agua y donde no hay agua." So Suriyana is sitting there saying "all done agua, all done nook", and pretending to call milk on the phone. We are talking about what we've just seen – how we feel like just for a couple of hours we've experienced what people in Detroit experience every day; and that this



Cakalak Thunder marches at the USSF

coming out of working class communities & communities of color

A little story about Detroit, food, and me: At the opening plenary, Malik Yakini from the Detroit Black Community Food Security Network told us that there are no supermarkets in Detroit. None. A panel of speakers from Detroit talked about the city cutting off 40,000 people's water – that is what I heard them say... it is so crazy that I think I must have misheard. Throughout the week folks talked about "right sizing," a process by which the mayor is considering giving up

is the real meaning of a food desert. How, even though I heard what people had been saying all week, I still took for granted that we would be able to find food just by driving around. Even in Durham, there are parts of town with no major grocery store – but this is even worse. It brings home for me that while healthy food should be a right, it is such a privilege – and our gardens here in Durham feel like they are pre-emptive, we need to be building them before our whole town is in the situation that Detroit is in. It also makes me feel so lucky also to be able to provide food to people that I love, and to be working to create an economic model that does not leave anyone out.

What we baked this week

Half-wheat sourdough sandwich (840g/loaf)

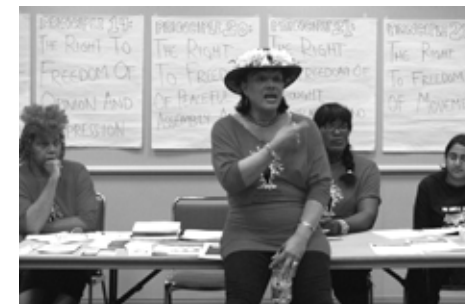
Contains: Water (36% by weight), Organic whole-wheat flour (30%), Organic white flour (30%), Vegetable oil (3%), NC Honey (1%), Salt

Whole-wheat sandwich bread (840g/loaf)

Organic whole wheat flour (57%), Water (35%), Vegetable oil (4%), NC Honey (2%), Fair-Trade

on parts of the city completely, shutting off the services that run there (water, trash, maybe electricity?).

I had heard about how many empty and boarded up houses there are in Detroit. I'd heard that the economic crisis hit Detroit years ago, when the auto industries started leaving. I heard speakers talking about this all day. But I understood it in a new way on Thursday night. After a long day in the fancy downtown convention center, and several days



Human Rights = Transgender justice workshop (photo courtesy SONG)

Molasses, Salt, Yeast

Multigrain sourdough loaf (784g/loaf)

Organic whole wheat bread flour (45%), Water (40%), Organic rye flour (3%), Rolled oats, Lentils, Buckwheat, Rye berries, flax seed, quinoa, sunflower seeds, salt, barley, sesame seed, pumpkin seed, poppy seed

Ciabatta baguettes (375g each)

Water (43%), Organic unbleached bread flour (41%), Organic whole-wheat flour (14%), Salt (1%), Yeast

Pumpkin spice muffins (410g/half-dozen)

Pumpkin puree (pumpkin + sweet potato - 29%), Organic whole wheat pastry flour (28%), Vegetable oil (12%), Organic fair trade sugar (11%), Organic fair trade coconut milk (10%), NC Honey (6%), Fair trade molasses (3%), Baking soda, Salt, Cinnamon, Ginger, Cloves, Nutmeg

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